

**Shri Shivaji Education Society Amravati's Science College,
Congress Nagar, Nagpur
2021-2022
Notice**

All the teaching, non teaching staff members and students are hereby informed to attend the programme on health and hygiene on 8th April 2022. All are requested to attend the programme.

Guest speaker: Dr. Charu Baheti,
Consultant Obstetrician & Gynecologist
Time: 2.00 pm

Venue: Conference Hall

Togils

Convener
Women Grievance Redressal Cell
(Dr. Y. K. Meshram)
Date: 7th April, 2022



M. P. Dhore

Principal
Prof. M. P. Dhore
S.S.E.S. Amt's Science College,
Congress Nagar, Nagpur

SSES Amt's Science College Congress Nagar, Nagpur

Report

Awareness Programme on PCOS

Dr.Charu Baheti, Gynecologist,

8thApril 2022.

Session 2021-2022

Women Grievance and Redressal Cell of SSES Amt's Science College Congress Nagar, Nagpur, organized a guest lecture on "Health and hygiene on 8thApril 2022. In continuation of its human endeavour and to bring about health awareness to the girls students and women, SSES Amt's Science College Congress Nagar Nagpur has conducted an awareness programme on Polycystic Ovary Syndrome (PCOS) & its Challenges on April 8, 2022 in the college conference hall under the banner of Women Grievance Redressal Cell.

The lecture was delivered by renowned Obstetrician &Gynecologist Dr. Mrs.CharuBaheti, Director, Surelife Hospital, Nagpur. She addressed the gathering about the hygiene, polycystic syndrome symptoms. She delivered talk on eating habits, symptoms of PCOD. She explained all the symptoms and syndrome by showing presentation. She described various causative factors, diagnostic parameters, and complications PCOS in detail. She further explained myths and facts about PCOS and various measures that can be taken for the prevention/management of PCOS. In PCOS, ovaries fail to produce egg, and characterized by presence of multiple fluid filled follicles (cysts. In India, every 4th girl/women is having PCOS in the age group of 14-28 years of age. The most important causative factors of PCOS are – stress, junk food, overweight and lack of exercise. The main symptoms of PCOS include irregular or absence of periods, acne, extra hairs on neck & face, baldness, weight gain etc. Health diet, regular exercise and proper medication can be helpful for the management of PCO. The female faculty members and girl students of SSES Amt's Science College, attended the programme. The program was ended with question-answer session and all the participants actively participated in Q-A session. The Guest lecture was successfully organized under the guidance of Principal, Prof. M. P. Dhore. The

Convener of the programme was Dr. Yogita Meshram. The program was conducted by Dr. Vrushali Kinkhikar and vote of thanks was proposed by Dr. Shilpa Gedam. All teaching and non teaching staff members & students actively participated in the program. Total eighty students and staff members participated in the program.



Prof. Yogita Meshram
Convener
WGRC



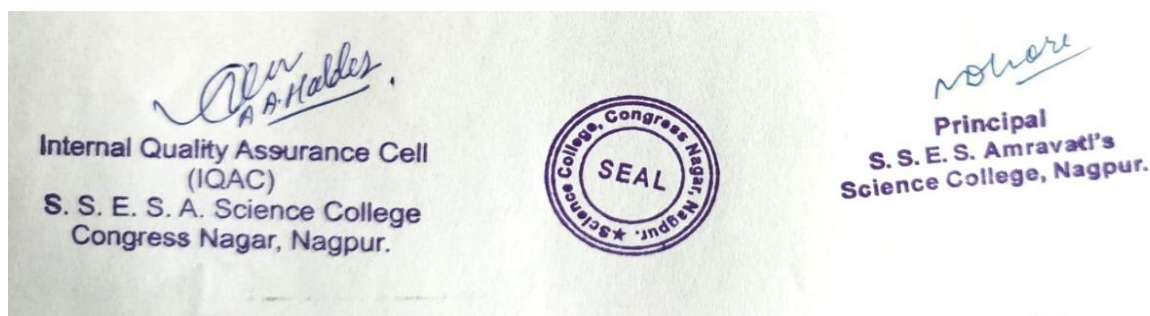
SSES Amt's Science College Congress Nagar, Nagpur
Organized a Guest Lecture on
Dr. Charu Baheti, Gynecologist
8th April 2022



Session 2021-2022

Action Taken Report

A guest lecture on “Awareness programme on PCOS” was organized by the Women Grievance Redressal Cell (Gender Sensitization) of SSES Amt's Science College Congress Nagar, Nagpur on 8th April 2022. The renowned Obstetrician & Gynecologist Dr. Mrs. Charu Baheti, Director, Surelife Hospital, Nagpur was the speaker in the programme. Around 80 students and staff members were benefitted by the program.



Glimpses



Hon'ble Speaker Dr. Charu Baheti, Principal Dr. M.P. Dhore Sir and Prof. Yogita Meshram on the Dais



Dr.Charu Baheti Director, Surelife Hospital, Nagpur delivered a talk on PCOS on April 8, 2022 , and interacted with the students



Counselling Session

Togil's

Attendance Sheets

Amt's Science College Congress Nagar, Nagpur Women Grievance and Redressal Cell Guest Lecture by Dr Charu Baheti , 8 th April 2022	
1. Name of Students	signature
1. YASH - U - Dighe M	Yash
2. Jawhi Pandey	Jawhi
3. Utkarsha Kotke	Utkarsha
4) OM Borise M	Om
5) Atharva Wankhede M	Atharva
6) Siddhesh bhalawi M	Siddhesh
7) Sanchit joshi M	Sanchit
8) Anjali Srave	Anjali
9) Sanjay Zaranu M	Sanjay
10) Janhavi N. Burade	Janhavi
11) Shingam. Goutam	Shingam
12) Shomak Hilde M	Shomak
13) Ketkar ^s Chandhara	Ketkar
14) Tannushree panekar	Tannushree
15) Parth Luche M	Parth
16) Priyanshu Badwaik M	Priyanshu
17) Dhiraj Singh M	Dhiraj
18) Aayesha Siddique	Aayesha
19) Praachi Raut	Praachi
20) Divya R. Singh	Divya
21) Ravika Durbule	Ravika
22) Tanvi R. Admane.	Tanvi

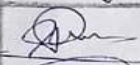
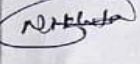
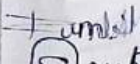


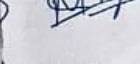
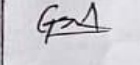
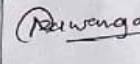
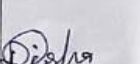
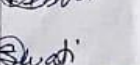
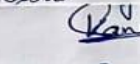





Amt's Science College Congress Nagar, Nagpur
 Women Grievance and Redressal Cell
 Guest Lecture by Dr Charu Baheti , 8th April 2022

SN	Name of students	Signature
	Name of teaching and Non teaching staff members	
1.	Sushma Y. Gujde	<u>Gujde</u>
2.	Rupawati P. Gotmole	<u>Gotmole</u>
3.	Dr. Shilpa R. Gedam	<u>Gedam</u>
4.	Dr Yogita Meshram	<u>Meshram</u>
5.	Dr. Rupali H. Mahakholte	<u>Mahakholte</u>
6.	Dr. R. P. Sawalkar	<u>Sawalkar</u>
7.	Dr. P. S. Tiwar	<u>Tiwar</u>
8.	Dr. P. B. Zambarkar	<u>Zambarkar</u>
9.	Dr. R. A. Deshmukh	<u>Deshmukh</u>
10.	Dr. V. Kulkarni	<u>Kulkarni</u>
11.	Dr. P. N. Deshmukh	<u>Deshmukh</u>
12.	Dr Shubhangi Kene	<u>Kene</u>
13.	Dr. V. Chavhan	
14.	Prof. P. S. Tale M	
15.	Rugved Joshi M	<u>Joshi</u>
16.	Harshali Mehur	<u>Mehur</u>
17.	Priyanshu Utti	<u>Utti</u>
18.	Toral Bhandarkar	<u>Bhandarkar</u>
19.	Vaidehee Bawankar	<u>Bawankar</u>
20.	Dr. Resha Deshmukh	
21.		

Amt's Science College Congress Nagar, Nagpur
 Women Grievance and Redressal Cell
 Guest Lecture by Dr Charu Baheti , 8th April 2022

name of students	Signature
1 Aayesha A. Siddique	<u>Aayesha</u>
2 Palak S. Paroche	<u>Palak</u>
3 Priyanshu Attai M	<u>Priyanshu</u>
4 Rugged Jopshi M	<u>Rugged</u>
5 Harshal Mehar M	<u>Harshal</u>
6 Prachi Sati Kapre	<u>Prachi</u>
7 DhanaShree Shandri	<u>DhanaShree</u>
8 Janvi Kayasthase	<u>Janvi</u>
9) Prachi Dongarwar	<u>Prachi</u>
10) Himani Dactmal	<u>Himani</u>
11) DhanaShree mendurkar	<u>DhanaShree</u>
12) Vaishnavi Likhithkar	<u>Vaishnavi</u>
13) Aparna Kurewar	<u>Aparna</u>
14) Harshita Varade	<u>Harshita</u>
15) Sweta Traide	<u>Sweta</u>
16) Khushi Vaidya	<u>Khushi</u>
17) Showani Suryawanshi	<u>Showani</u>
18) Soniya Sontakke	<u>Soniya</u>
19) Mayuri. Koche	<u>Mayuri</u>
20) Madhura Patthak	<u>Madhura</u>
21) Darshan Durvekar M	<u>Darshan</u>
22) pranav Bagade M	<u>Pranav</u>
23) Nandini Pasi	<u>Nandini</u>

Amt's Science College Congress Nagar, Nagpur
Women Grievance and Redressal Cell
Guest Lecture by Dr Charu Baheti , 8th April 2022

Name of student			Signature
Aryan Abundale	M	3 rd year	
Nikhita Meshram		3 rd year (SEM VI)	
Prithi Kumbhare		3 rd year (CMBT)	
Sonal Raut		3 rd year (CMBT)	
Mitali Bonte		3 rd year (BSC)	
Madhavi Rosia		3 rd year (BSC)	
Geetanjali Jagade		3 rd yr (BSC)	
Nidhi Bawangade		3 rd yr (BSC)	
Disha Raut		3 rd yr (BSC)	
Swati Dhabekar		3 rd yr (BSC)	
11. Kanchar Singh		B.Sc	
12. Sejal Bulkunde		B.Sc	
13. Sakshi Mohite		B.Sc	
14. Varuki Dabhane		B.Sc	
15. Sara Khan		B.Sc	
16. Vaishnavi Panar		3 rd year B.S.C	

Shri Shivaji Education Society Amravati's



SCIENCE COLLEGE

Congress Nagar, Nagpur

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Feedback Analysis and Graphical Presentation

Session 2021-22

Topic of Guest Lecture: **Awareness Programme on PCOS**

Name of Speaker: **Dr.Charu Baheti, Gynecologist**

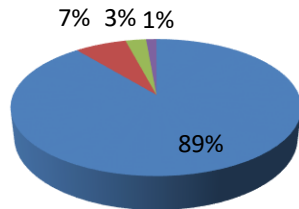
- 1) No. of students participated : 80
- 2) No. of students submitted the feedback : 74
- 3) Question wise Analysis of the Feedback:

08/04/2022

Sr.No	Particular	Extremely Good	Good	Quite Good	Poor
1	How relevant was the content discuss by the speaker?	89%	7%	3%	1%
2	What is your opinion about the speaker?	89%	5%	3%	3%
3	Did the lecture cover what you were expecting?	93%	4%	2%	1%
4	Are you satisfied by the time and venue?	84%	7%	7%	2%
5	How was the overall organization of the lecture?	81%	9%	7%	3%

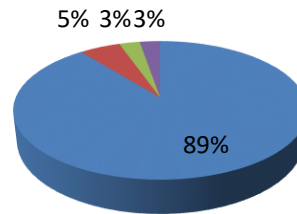
Que 1: How relevant was the content discuss by the speaker?

Extremely Good Good
Quite Good Poor



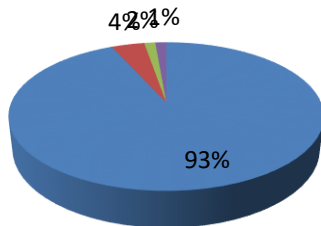
Que 2: What is your opinioin about the speaker?

Extremely Good Good
Quite Good Poor



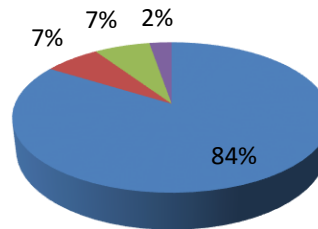
Que 3: Did the lecture cover what you were expecting?

Extremely Good Good
Quite Good Poor



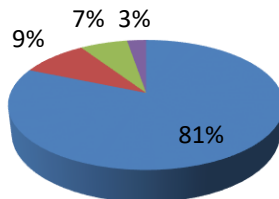
Que 4: Are you satisfied by the time and venue?

Extremely Good Good
Quite Good Poor



Que 5: How was the overall organization of the lecture?

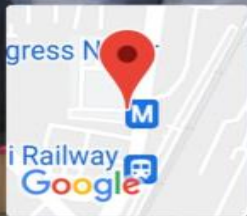
Extremely Good Good
Quite Good Poor



A. S. Haldar
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Congress Nagar, Nagpur.



notary
Principal
S. S. E. S. Amravati's
Science College, Nagpur.



Nagpur, Maharashtra, India

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Long 79.082262°
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