



Shri Shivaji Science College, Congress Nagar, Nagpur

Department Of Zoology

Session: 2023-2024

Nutrition Week Celebration 2023

REPORT

Department of Zoology, Shri Shivaji College of Science, Nagpur celebrated 'NUTRITION WEEK CELEBRATION-2023'. On the theme-"Healthy Diet Habits Affordable to All ". A grand program was organized to mark the 125th Dr. Punjabrao Deshmukh Jayanti and centenary year of Rastrasant Tukdoji Maharaj Nagpur University.

The program started by tree plantation (At Sri Shivaji School and Junior College, Ganeshnagar, Nagpur), in which the students of the school, along with the students of the college (UG and PG) participated. Convener- Dr. Rupali Patil Bhagat (Tale), Assistant Professor, Department of Zoology, Shri Shivaji Science College, Nagpur, explained the importance of awareness about nutrition to the students of the school. On this occasion Dr. R. U. Khope (Head of Chemistry Department) and Head of Zoology Department Prof. A.D. Bobdey has delivered a speech on nutritional advice to school children. Headmaster MR. Mural sir presided over the function. On this occasion nutritional food items and fruits were distributed among the school children.

A guest lecture was organized on this occasion. **Dr. Mrs. Gitanjali Khare**, famous dietician (Sushrut Institute of Medical Sciences Nagpur) - was the guest speaker who emphasised on 'Healthy Food Habits to protect from diseases and healthy life'. She also suggested possible ways to naturally consumption food for calcium, Iron, Vit.D&B₁₂. All the staff and students appreciated the lecture.

Hon'ble Principal Prof. M.P. Dhore preside over the programme and said this nutrition counselling lecture may helpful for the students in their future life.

Department also organised a Intercollegiate Healthy Dish Competition and Poster With Slogan Writing Competition for UG and PG Students - to spread awareness among the students and society about healthy food habits and nutritive values in our diet. Dr M. P. Dhore, Principal has observed the dishes and posters prepared by students and in his address, he advised to eat healthy food. Head, Department of Zoology Prof. A. D. Bobdey stressed on the good eating habits. The students of 7 colleges participated in the competitions. The programme was organised by **Convener- Dr Rupali Patil Bhagat**, Assistant Professor, Department of Zoology. Prof. S.V. Ghonmode, Dr S. G. Kadu, Dr. S. K.Katre, Ms.Khushboo Sheikh, non-teaching staff and students (UG and PG) of Hislop College,D.B.Sindhu Mahavidyalaya, Sevalal Mahavidyalaya, Somalwar Nikalas Mahila College,V.M.V. were prominently present on this occasion.

Poster Competition

First Prize- Ms. Bhumika Mounekar (D.B. Sindhu College, Nagpur)

2nd Prize- Ku. Vanushka Ghore (Shri Shivaji Vidyana College, Nagpur)

3rd Prize- Ku.Divyani Waghade (Sevadal College, Nagpur)

Consolation Prize-Mrs. Pooja Agalave (Somlwar Nikalas College, Nagpur)

Nutrition Dish Competition-

1st Prize- Devendra Giri (Shri Shivaji Science College, Nagpur)

2nd Prize- Ms. Piya Deulkar (D.B.Sindhu College, Nagpur)

3rd Prize- Ku.Radha Somkuwar (Shri Shivaji Science College, Nagpur)

Consolation Prize- Ku. Tanushree Zunzunkar (Shri Shivaji Science College, Nagpur)

For the program to be successful, Prof. A. D. Bobde, Dr. Rupali Patil Bhagat, Prof. SV. Ghonmode, Dr. S.J. Kadu, Dr.S.K. Katre, Ms. Khushboo Sheikh worked hard and teachers, students (UG and PG), non-teaching staff were mainly present on this occasion. The program was concluded by National Anthem.

Venue-

Poster& Dish competition- Zoology Laboratory

Lecture-Conference Hall



HOD

Prof. A.D Bobdey

Dr. A. D. Bobdey
Professor & Head
Department of Zoology,
Shri Shivaji Science College,
Congress Nagar, Nagpur-12.



CONVENOR

Dr. R.P Bhagat

Brochure

Dr Panjabrao Alias Bhamburda Deshmukh's 125th Birth Anniversary Year
Rashtrasant Tukadoji Maharaj Nagpur University Centenary Year



**SSGS AMRAYATIS
SCIENCE COLLEGE
CONGRESS NAGAR, NAGPUR-12**



Accredited by NAAC Bangalore with CGPA 3.51 and A+ Grade, A College with Potential for Excellence, Member of Asia Pacific Quality Network, Recognized center for Higher Learning and Research, Mentor college under Paramarsh Scheme.

HEALTHY DIET PRACTICES AFFORDABLE TO ALL

Free
Participation

DEPARTMENT OF ZOOLOGY
Under Ageis of IQAC
Organizes
INTERCOLLEGIATE COMPETITION

Date :-
08/09/2023

- 1) Poster Competition on Nutrition and Health (9.30 AM to 12.00 PM)**
- 2) Healthy Dish Competition (9.30 AM to 12.00 PM)**
- 3) Nutrition Counseling Program – By Dr. Geetanjali Khare**
(Nutritionist, SUSHRUT Institute of Medical Sciences Nagpur.) (1.00 PM to 2.00 PM)

For free registration contact to Convener, Co-convener and members.

Chairman –
Prof. M. P. Dhore
Principal

Head of the Dept-
Prof. A. D. Bobdey

Convener - Dr. Mrs. Rupali Patil Bhagat, 9420958248
Co-Convener - Dr. Mrs. Seema Kadu, 9420956743
Members - Dr. Ms. Sharyu Ghonmode, 9822929393
Ms. Khushboo Sheikh, 7030572786
Dr. Shilpa Katre, 8308222461

Notice

SHRI SHIVAJI EDUCATION SOCIETY AMRAVATI'S
SCIENCE COLLEGE, CONGRESS NAGAR, NAGPUR

Department of Zoology

Notice

The Students of UG/PG are hereby informed that they should attend the " Nutrition Week program" will be organized on Dated : 28 /09/2023

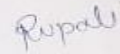
Venue- Zoology Department Laboratory/ Conference hall

Time: 10:30



Head

Prof. A. D. Bobdey



Convener

Dr. Rupali Patil Bhagat



Certificate



SHRI SHIVAJI EDUCATION SOCIETY AMRAVATI'S
SCIENCE COLLEGE
CONGRESS NAGAR, NAGPUR-12
REACCREDITED WITH A+ GRADE WITH CGPA 3.51 BY NAAC BANGALURU,
A COLLEGE WITH POTENTIAL FOR EXCELLENCE BY UGC,
INSTITUTIONAL MEMBER OF APQN



WORLD NUTRITION WEEK PROGRAMME
(2nd to 8th September 2023)

ORGANIZED BY DEPARTMENT OF ZOOLOGY

C E R T I F I C A T E

This is to certify that

Ms. / Mr. _____

is awarded with this certificate for outstanding achievement in
World Nutrition Week programme organized by department of Zoology
during 02.09.2023 to 08.09.2023

Name of competition -----

Dr. Mrs. R. A. Patil Bhagat
Convener


Prof. A. D. Bobdey
Head of the Dept.

Prof. Mahendra P. Dhore
Principal



Tree Plantation



Distribution Of Food and Fruits among school students



Day 1: Tree Plantation, Guest Lecture by Convener and distribution of fruits and nutritive food to school students



Inauguration of program by the hand of Prof. M.P. Dhore, Principal, Shri Shivaji Science College, Congress Nagar, Nagpur



Poster competition



Healthy Dish Competition



Millet thali made by Mr. Devendra Giri (CBZ SEM V)



Guest lecture by Dr. Geetanjali Khare (Nutritionist) and prize distribution ceremony



शिवाजी विज्ञान महाविद्यालयात राष्ट्रीय पोषण सप्ताह



नागपूर : निरोगी जीवनासाठी आरोग्यदायी व नैसर्गिक आहाराच्या सवयी आवश्यक आहेत. शरीरात कॅल्शियम, लोह, जीवनसत्त्व डी आणि बी-१२ यांची गरज नैसर्गिक अन्नातून शक्य आहे, असा संदेश आहारतज्ज्ञ डॉ. गीतांजली खरे यांनी दिला. राष्ट्रीय पोषण सप्ताहअंतर्गत श्री शिवाजी विज्ञान महाविद्यालयाच्या प्राणिशास्त्र विभागात 'पोषण सप्ताह उत्सव' साजरा करण्यात आला. १२५ वी डॉ. पंजाबराव देशमुख जयंती व राष्ट्रसंत तुकडोजी महाराज जन्मशताब्दी निमित्त हे आयोजन होते. प्राचार्य डॉ. एम. पी. ढोरे यांनी निरोगी अन्न खाण्याचा सल्ला दिला. विद्यार्थी व प्राध्यापकांच्या उपस्थितीत वृक्षारोपणाने कार्यक्रमाची सुरुवात झाली. विद्यार्थ्यांमध्ये पोषण आहाराविषयी जागृती करण्यात आली. यावेळी प्राणिशास्त्र विभागाचे प्रमुख प्रा. ए. डी. बोबडे, सहयोगी प्राध्यापक डॉ. रूपाली पाटील-भगत, रसायनशास्त्र विभागप्रमुख डॉ. आर. यू. खोपे, मुख्याध्यापक मुरळ, डॉ. एस. जे. कडू, ग्रंथपाल डॉ. डाखोळे उपस्थित होते. त्यानंतर पोस्टर बनविणे स्पर्धा, पोषण आहार थाली स्पर्धाचे आयोजन करण्यात आले. विविध महाविद्यालयाच्या विद्यार्थ्यांनी सहभाग घेतला. परीक्षक डॉ. प्राची लांबट व प्रा. पुनिता तिवारी होत्या. स्पर्धेत विजेता विद्यार्थ्यांना पारितोषिक प्रदान करण्यात आले. आयोजनात प्रा. एस. व्ही. घोनमोडे, डॉ. एस. के. कटरे, खशब शेख आदींचा सहभाग होता.

Participant list

		Healthy Dish		Sign
	Sr. No.	Name of the Students	Name of the Colleges	Signature Marking
1 st yr (CZM)	1	Leynisha Ghubade ✓	Shivaji Science	<i>[Signature]</i>
2 nd year B4	2	Abhipsha Sahoo ✓	Shivaji Science	<i>[Signature]</i>
1 st year - CSM	3	Khushi Rahate ✓	Shivaji Science	<i>[Signature]</i>
1 st yr (CBZ)	4	Manisha Dehankar ✓	Shivaji Science	<i>[Signature]</i>
1 st year - CSM	5	Sampada Raut ✓	Shivaji Science	<i>[Signature]</i>
1 st year - PCG	6	Yugansh Kanoje ✓	Shivaji Science	<i>[Signature]</i>
	7	Shahina Sheikh ✓	Shivaji Science	<i>[Signature]</i>
1 st year (CZM)	8	Mansi Garjehwar ✓	Shivaji Science	<i>[Signature]</i>
	9	Ritika Ulkey ✓	Shivaji Science	<i>[Signature]</i>
1 st year - B1	10	Yutika Zade ✓	Shivaji Science	<i>[Signature]</i>
	11	Priyanka Sahu ✓	Shivaji Science	<i>[Signature]</i>
	12	Bharti Sahu ✓	Shivaji Science	<i>[Signature]</i>
II nd year - B3	13	Saloni Jainwal ✓	Shivaji Science	<i>[Signature]</i>
II nd year - B3	14	Sneha Bhongade ✓	Shivaji Science	<i>[Signature]</i>
II nd year - B3	15	Payal Chatap ✓	Shivaji Science	<i>[Signature]</i>
II nd year - B4	16	Umakanti Baghel ✓	Shivaji Science	<i>[Signature]</i>
	17	Tanushree Manapure ✓	Shivaji Science	<i>[Signature]</i>
3 rd year	18	Devyani Walker ✓	Shivaji Science	<i>[Signature]</i>
III rd year - B4	19	Avanti Pusdekar ✓	Shivaji Science	<i>[Signature]</i>
III rd year - B4	20	Rasika Patil ✓	Shivaji Science	<i>[Signature]</i>
III rd year - B3	21	Isha Kolhatkar ✓	Shivaji Science	<i>[Signature]</i>
III rd year - B4	22	Praniti Mohadikar ✓	Shivaji Science	<i>[Signature]</i>
	23	Pradnya Arvind Apte ✓	Shivaji Science	<i>[Signature]</i>
II nd yr (CZM) - B1	24	Radha Somkuwar ✓	Shivaji Science	<i>[Signature]</i>
II nd yr CBZ - B3	25	Devendra Giri ✓	Shivaji Science	<i>[Signature]</i>
1 st year (BSC) - B1	26	Hasina Ahmad Khan ✓	Sevadal Mahila Mahavidyalaya	<i>[Signature]</i>
1 st year (BSC) - B1	27	Nabiha Fatema Md. Shahzad ✓	Sevadal Mahila Mahavidyalaya	<i>[Signature]</i>
1 st year	28	Khushi Gedam ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
	29	Shifa Kausar Javed Sheikh ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
	30	Bhumika Moundekar ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
1 st year (Bsc HOD)	31	Arshita Gajbiye ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
	32	Pratiksha Tote ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
	33	Tamiya Ansari ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
	34	Ujwala Nandeshwar ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
	35	Kamini S. Neware ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
	36	Nameera Ansari ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
1 st year (BSC) - B1	37	Ritika Ghimre ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
BC - Zoology 3 Sem	38	Riya Beethar ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
BC - Zoology 3 Sem	39	Rohit Nikhare ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
BC - Zoology 3 Sem	40	Prathmesh Kalnisrayan ✓	Sindhu Mahavidyalaya	<i>[Signature]</i>
MSC - 2015 Sem	41	Pratikha Dhole ✓	Shivaji Science	<i>[Signature]</i>
BC - Zoology 3 Sem	42	Pooja V. Aglawe ✓	Nikalas Mahila	<i>[Signature]</i>
1 st year (BTS)	43	Grangi. N. Tamhankar ✓	Nikalas Mahila	<i>[Signature]</i>

44	Tanushree R. Zambekar	Shivaji	<i>[Signature]</i>
45	Avantika B. Chawde	Sevadal Mahila Mahavidyalaya	<i>[Signature]</i>
46	Vishaka Khiani	Shivaji Science College	<i>[Signature]</i>
47	Pratibha Desai	Shivaji Science College	<i>[Signature]</i>

To,
The Principal
Shri Shivaji Science College,
Nagpur

Subject: Permission to Conduct Nutrition Week Celebration Activity.

Respected sir,

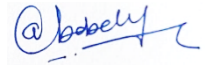
This is to request you that the Nutrition Week activity is routine activity of Zoology Department. So please grant us permission to conduct the programme.

Please do the Needful and Oblige.

Thanking you
Faithfully

Date:- 25/09/2023

Place:- Nagpur



Yours

Dr. A. D. Bobdey
Professor & Head
Department of Zoology,
Shri Shivaji Science College,
Congress Nagar, Nagpur-12.

Shri Shivaji Education Society Amravati's
Science College Congress Nagar, Nagpur

Zoology Department Program Feedback Form

We hope you enjoyed our program. Please take a moment to share your thoughts with us.

Personal Information

1. **Name:** _____
2. **Email:** _____
3. **Program:** _____
4. **Date:** _____

Program Evaluation

- **Overall, how satisfied were you with the program?**
 - [] Very Satisfied
 - [] Satisfied
 - [] Neutral
 - [] Dissatisfied
- **How relevant was the content of the program to your needs?**
 - [] Extremely Relevant
 - [] Very Relevant
 - [] Somewhat Relevant
 - [] Not so Relevant
- **How would you rate the quality of the instruction?**
 - [] Excellent
 - [] Good
 - [] Average
 - [] Poor
- **Was the program length:**
 - [] Too Long
 - [] Just Right
 - [] Too Short
- **How likely are you to recommend this program to others?**
 - [] Very Likely
 - [] Likely
 - [] Neutral
 - [] Unlikely

Open-Ended Questions

- **What did you like most about the program?** _____
- **What did you like least about the program?** _____
- **Do you have any suggestions for improving the program?**

Additional Comments

- **Please share any additional comments or suggestions below:**
